

# NEWSLETTER



**MAY  
2020**

*“One thing this pandemic has shown me is that, life is not meant to follow a set pattern.*

*Every moment has a multitude of adaptations.*

*We must as a sport and as a society adapt.*

*We must make informed well-constructed decisions.*

*Sometimes our decisions may take us on an unknown path.*

*However, we must believe in ourselves and go take that initial step forward.*

*It is inspiring and exciting to do what we love but greater, due to the fact we do so with a great team, the WAKO team, the WAKO family.*

*The joy of doing what we love fuels all of us with a fuller sense of fulfilment in life, in sport and in our communities in which we live in.*

*Stay connected, stay strong, stay healthy, we will prevail.”*

A graphic with a torn paper effect at the top, revealing a kickboxing match in progress. Below the tear, the text 'WE WILL PREVAIL' is written in large, bold, white letters. Above the text is a large yellow double quote symbol, and below it is a large yellow double quote symbol. The background is dark with faint WAKO logos and stars. At the bottom, there are several WAKO logos and the text 'KICKBOXING' in a stylized font. Social media icons for Facebook, Instagram, YouTube, and Twitter are also present.

ONE THING THIS PANDEMIC HAS SHOWN ME IS THAT, LIFE IS NOT MEANT TO FOLLOW A SET PATTERN. EVERY MOMENT HAS A MULTITUDE OF ADAPTATIONS. WE MUST AS A SPORT AND AS A SOCIETY ADAPT. WE MUST MAKE INFORMED WELL-CONSTRUCTED DECISIONS. SOMETIMES OUR DECISIONS MAY TAKE US ON AN UNKNOWN PATH. HOWEVER, WE MUST BELIEVE IN OURSELVES AND GO TAKE THAT INITIAL STEP FORWARD. IT IS INSPIRING AND EXCITING TO DO WHAT WE LOVE BUT GREATER, DUE TO THE FACT WE DO SO WITH A GREAT TEAM, THE WAKO TEAM, THE WAKO FAMILY. THE JOY OF DOING WHAT WE LOVE FUELS ALL OF US WITH A FULLER SENSE OF FULFILMENT IN LIFE, IN SPORT AND IN OUR COMMUNITIES IN WHICH WE LIVE IN. STAY CONNECTED, STAY STRONG, STAY HEALTHY, WE WILL PREVAIL.

WAKO PRESIDENT - ROY BAKER

WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT WWW.WAKO.SPORT **KICKBOXING** WWW.WAKO.SPORT WWW.WAKO.SPORT

# Information Circular by WAKO President



## WORLD ASSOCIATION OF KICKBOXING ORGANIZATIONS

To the Presidents of the Federations/Associations members of WAKO

Monza, May 27<sup>th</sup>, 2020

**RE: Information Circular**

Dear Presidents,

Firstly, once again let me send you all our thoughts and prayers in the situation with the Covid-19 outbreak where everyone is affected.

We strongly believe in international solidarity, we will overcome these difficult times and our thoughts are with those of you who have been directly affected by the Covid-19 at a personal and professional level.

It came recently to our attention that our members in some countries are suffering from pressure being made by dissident Kickboxing organizations.

I can assure you, you have my full support and cooperation, if you are being put under pressure by individuals from other Organizations within WAKO and more importantly outside WAKO, you will receive the support and protection of the WAKO Board, myself as President and of course the continental Confederations/Federations.

As you are already informed, many "new self-made sports" Martial Art/Kickboxing organizations and or associations are been seen to be establishing by different individual, which are a clear copy of the existing styles/disciplines which we represent in the sport of Kickboxing using different names to try and cover such activities. I would like to remind all of you that WAKO Statutes, rules and regulations provide that WAKO members shall not:

- a. be member of any other national or international kickboxing organization which include the Sport of Kickboxing as a discipline;
- b. have among its members persons who are part of other national or international Kickboxing organizations which include the Sport of Kickboxing as a discipline;
- c. permit or allow its affiliates to participate or officiate in any other national or international event(s) organized by kickboxing organizations which include the Sport of Kickboxing as a discipline.

WAKO members are not allowed to participate in any other national or international dissident Kickboxing organizations at World or Continental and national level. All WAKO events, World Championships, Continental Championships, are reserved to WAKO's IF fully accredited members only.

National Federations/Associations members of WAKO are not allowed to have among their members and in their national teams the fighters who are current members of any dissident Kickboxing organizations and are participating in other various championships/ events/ tournaments under the sanctioning of other dissident Kickboxing Federations/organizations other than WAKO. I ask all of us to respect and apply our rules nationally and internationally.

The WAKO Board's decision and WAKO rules and regulations are very clear and any WAKO member's failure to respect the above-mentioned applied rules will face the serious sanction as defined by WAKO statutes.

You are hereby requested to inform your members and concerned national sport authorities and Olympic Committee immediately of the content of the present Information Circular to bring clarity and clear support to you our National Federations and the respective presidents.

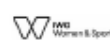
I hope that this clarifies WAKO and its Continental Confederations/Federations' positions.

Best regards,





Roy Baker  
WAKO President

CC: Presidents of the WAKO Continental Confederations/Federations

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E-mail: [administration@wako.sport](mailto:administration@wako.sport) - Tel. +39 3450135521 - Fax +39 039 2328901 - Web: <http://www.wako.sport>



# WAKO CALENDAR - CORRECTIONS

WAKO Class	Date From	Date to	Name	
     				
<b>May</b>				
Cancelled	7	10	Hungarian Open 2020 (WAKO World Cup) (Official WAKO Referee Worlds/Europeans)	Hungary
Cancelled	16	16	7. KBH Masters internationales kickboxing tournament	Austria
Postponed	22	24	Oceania Championship 2020	Australia
<b>June</b>				
Cancelled	11	14	25th Bestfighter 2020 (WAKO World Cup ) (Official WAKO Referee Worlds/Europeans)	Italy
Cancelled	12	14	International Championship Silvengrad 2020 (LK, LC, KL)	Bulgaria
<b>July</b>				
Cancelled	21	25	5th European Universities Games 2020	Serbia
<b>August</b>				
<b>September</b>				
WAKO AFRICA	TBC	TBC	African Championship 2020 (K-1, LK, FC and Tatami Sports)	South Africa
C	5	5	Balkan Open 2020	Bosnia and Herzegovina
B	4	6	AmeriKick Internationals	USA
C	11	12	Scandinavian Open 2020	Norway
C	11	13	3rd Silver Griffin Cup 2020	Latvia
B	12	13	Flanders International Kickboxing Cup 2020	Belgium
WAKO World Cup	14	19	Russian Open 2020 (World Cup) (Official WAKO Referee Worlds/Europeans)	Russia

<b>October</b>				
B	2	4	Serbian Open (WAKO European Cup)	Serbia
WAKO ASIA	TBC	TBC	Asian Championships 2020	South Korea
C	30	31	Czech-Open for Tatami Sports	Czech Rep.
<b>November</b>				
C	4	8	2nd International Jordan Open Kickboxing Tournament (K-1, FC, PF, LC) and Referee Seminar	Jordan
C	6	7	37th SLOVENIA OPEN	Slovenia
B	11	14	WAKO K1 World Grand Prix	Czech Republic
Postponed	TBC	TBC	11 <sup>th</sup> Pan American Championship	Brasil
WAKO IF	13	22	WAKO Cadets & Juniors World Championships (All disciplines)	Serbia
C	19	22	Spain International Open	Spain
<b>December</b>				
WAKO IF	5	5	World Games - test event (USA Vs World)	USA
C	5	6	Heroes of Hamburg	Germany
WAKO EUROPE	5	13	WAKO Senior & Master European Championships (All disciplines)	Turkey
WAKO ASIA	8	13	Bangabandhu Asian Kickboxing Confederation Cup 20	Bangladesh
C	12	13	WAKO European Clubs K-1 Cup	Estonia

## CONFIRMED TOURNAMENTS 2020



**WAKO WORLD  
KICKBOXING CHAMPIONSHIPS  
FOR CHILDREN, CADETS AND JUNIORS  
SERBIA-BELGRADE 2020  
NOVEMBER 13-22**

Kick Light, Low Kick, Full Contact, Light Contact, Point Fighting, K1 style, Musical Forms

GAISF, IJF, IJKA, IJSD, IJTB, IJTKF, IJTV, IJW, IJX, IJY, IJZ, IJAA, IJBB, IJCC, IJDD, IJEE, IJFF, IJGG, IJHH, IJII, IJJJ, IJKK, IJLL, IJMM, IJNN, IJOO, IJPP, IJQQ, IJRR, IJSS, IJTT, IJUU, IJVV, IJWW, IJXX, IJYY, IJZZ, IJAA, IJBB, IJCC, IJDD, IJEE, IJFF, IJGG, IJHH, IJII, IJJJ, IJKK, IJLL, IJMM, IJNN, IJOO, IJPP, IJQQ, IJRR, IJSS, IJTT, IJUU, IJVV, IJWW, IJXX, IJYY, IJZZ



**2020  
ANTALYA**

**WAKO EUROPEAN  
KICKBOXING  
CHAMPIONSHIPS  
ALL STYLE  
SENIORS & VETERANS**

K1 Rules • Low Kick • Full Contact • Light Contact  
Kick Light • Point Fighting • Musical Forms

05 - 13 December 2020  
Antalya Sport Hall, Antalya - TÜRKİYE

GAISF, IJF, IJKA, IJSD, IJTB, IJTKF, IJTV, IJW, IJX, IJY, IJZ, IJAA, IJBB, IJCC, IJDD, IJEE, IJFF, IJGG, IJHH, IJII, IJJJ, IJKK, IJLL, IJMM, IJNN, IJOO, IJPP, IJQQ, IJRR, IJSS, IJTT, IJUU, IJVV, IJWW, IJXX, IJYY, IJZZ, IJAA, IJBB, IJCC, IJDD, IJEE, IJFF, IJGG, IJHH, IJII, IJJJ, IJKK, IJLL, IJMM, IJNN, IJOO, IJPP, IJQQ, IJRR, IJSS, IJTT, IJUU, IJVV, IJWW, IJXX, IJYY, IJZZ



**SILVER  
GRIFFIN  
CUP 2019  
2ND EASTERN EUROPE  
WAKO KICKBOXING**

CREATIVE FORMS / KICK LIGHT / FULL / K-1

Bezručova, Valetka, rožňavské nám. 7a,  
Zavojska, 010 8, TV 4600

06.09.2019	07.09.2019	08.09.2019
REGISTRATION - 11:00	OPENING - 9:30	FINALS - 10:00
SEMINAR - 15:00	FIGHTS - 10:00	AWARD CEREMONY - 13:30
DRAWING - 16:00	CLOSING - 16:00	

Info: +37 29100236, info@wakovatjv

GAISF, IJF, IJKA, IJSD, IJTB, IJTKF, IJTV, IJW, IJX, IJY, IJZ, IJAA, IJBB, IJCC, IJDD, IJEE, IJFF, IJGG, IJHH, IJII, IJJJ, IJKK, IJLL, IJMM, IJNN, IJOO, IJPP, IJQQ, IJRR, IJSS, IJTT, IJUU, IJVV, IJWW, IJXX, IJYY, IJZZ



## CONFIRMED TOURNAMENTS 2021

22 <sup>nd</sup> - 24 <sup>th</sup> January 2021:	<b>GOLDEN GLOVE (WAKO European Cup)</b> , Mareno di Piave, Italy
3 <sup>rd</sup> - 7 <sup>th</sup> February 2021:	<b>2<sup>nd</sup> INDIAN OPEN INTERNATIONAL CUP</b> , New Delhi, India
5 <sup>th</sup> – 7 <sup>th</sup> February 2021:	<b>ATHENS CHALLENGE</b> , Athens, Greece
12 <sup>th</sup> - 14 <sup>th</sup> February 2021:	<b>KARLOVAC OPEN 2021 (WAKO European Cup)</b> , Karlovac, Croatia
4 <sup>th</sup> - 7 <sup>th</sup> March 2021:	<b>IRISH OPEN (WAKO World Cup)</b> , Dublin, Ireland
19 <sup>th</sup> - 21 <sup>st</sup> March 2021:	<b>SERBIAN OPEN 2021 (WAKO European Cup)</b> , Belgrade Serbia
27 <sup>th</sup> - 28 <sup>th</sup> March 2021:	<b>YOKOSO DUTCH OPEN</b> , Amsterdam, The Netherlands
8 <sup>th</sup> - 11 <sup>th</sup> April 2021:	<b>6<sup>th</sup> TURKISH OPEN (WAKO European Cup)</b> , Antalya, Turkey
15 <sup>th</sup> - 18 <sup>th</sup> April 2021:	<b>THE AUSTRIAN CLASSICS (WAKO World Cup)</b> , Innsbruck, Austria
24 <sup>th</sup> - 25 <sup>th</sup> April 2021:	<b>POINT FIGHTING CUP</b> , Castellanza, Italy
3 <sup>rd</sup> - 9 <sup>th</sup> May 2021:	<b>WORLD COMBAT GAMES</b> , Nur-Sultan, Kazakhstan <b>(TO BE CONFIRMED)</b>
13 <sup>th</sup> - 16 <sup>th</sup> May 2021:	<b>HUNGARIAN WORLD CUP (WAKO World Cup)</b> , Budapest, Hungary
10 <sup>th</sup> - 13 <sup>th</sup> June 2021:	<b>BESTFIGHTER (WAKO World Cup)</b> , Rimini, Italy
14 <sup>th</sup> - 27 <sup>th</sup> July 2021:	<b>EUROPEAN UNIVERSITY GAMES</b> , Belgrade, Serbia
<b>13<sup>th</sup> to 22<sup>nd</sup> August 2021:</b>	<b>WAKO CADETS &amp; JUNIORS EUROPEAN CHAMPIONSHIPS</b> , Budapest, Hun
20 <sup>th</sup> - 29 <sup>th</sup> August 2021:	<b>5<sup>th</sup> ISLAMIC SOLIDARITY GAMES</b> , Konya, Turkey
26 <sup>th</sup> – 27 <sup>th</sup> September 2021:	<b>FLANDERS INSTERNATIONAL KICKBOXING CUP</b> , Beveren, Belgium
5 <sup>th</sup> – 14 <sup>th</sup> November 2021:	<b>WAKO SENIOR &amp; MASTER WORLD CHAMPIONSHIPS</b> , Moscow, Russia

## FUTURE ACTIVITIES

<b>2022</b>	Cadets & Juniors WC (All disciplines) in Hungary;
<b>2022</b>	Senior EC (All disciplines) in Athens, Greece;
<b>2023</b>	Cadets & Juniors EC (All Disciplines) in Turkey;
<b>2023</b>	Senior WC (All Disciplines) in Ireland

## THE WORLD GAMES - 2022.

7<sup>th</sup> - 17<sup>th</sup> July 2022: **WORLD GAMES**, Birmingham (Alabama), USA





# FAST FACTS

## BY THE NUMBERS

11

DAYS

600+

MEDALS

1,000+

CREDENTIALLED  
MEDIA

25+

VENUES

32

SPORTS

3,600

TOP INTERNATIONAL  
ATHLETES

\$256

MILLION IN PROJECTED  
ECONOMIC IMPACT

100+

COUNTRIES

## EVENT DATES

**Opening Ceremony:**  
July 7, 2022

**Competition:**  
July 7-17, 2022

**TWG Plaza:**  
July 8-17, 2022

**TWG Athletes Night:**  
July 12, 2022

**Closing Ceremony:**  
July 17, 2022

## EVENT SITES

### PROPOSED

- Avondale Park
- Barber Motorsports Park
- Birmingham Crossplex
- Birmingham Jefferson Convention Complex
- Birmingham Southern College
- Boutwell Auditorium
- Legion Field
- Oak Mountain State Park
- Railroad Park
- Sloss Furnaces
- University of Alabama Birmingham



INDIA



**WAKO INDIA E-tournament**  
**401 participants**  
**16 clubs**

WAKO India Kickboxing Federation has successfully concluded the very First “National Online E-Tournament 2020”. It was country’s first Musical Form Event which was held from 29th April to 17th May 2020.

This was a challenging task since it was the First Ever Online Kickboxing Tournament where the federation had to manage the event as well as educate the athletes and the officials who were the part of it on how to work in such kind of events.

As we all know World is under a high pressure due to Covid 19 so it wasn’t easy for the team to organize all this in such circumstances. There was confusion before the commencement of this event but as they say that ‘God Favors the Brave’ and the Management finally decided to go for it with all the necessary precautions considering the social distancing.

The event was open for both the males and the females and was divided into 6 categories which were - Under 10 / Under 13/ Under 16/ Under 19/ Seniors/ Veterans.

And had 4 events option which were- Soft Style / Hard Style / Soft Style with Weapons / Hard Style with Weapons.

The response to the participation was overwhelming where 16 clubs participated with registry of 370 players and the total number of entries was 401. The best part was that there was not any entry fee for any participant. WAKO India decided not to charge from any athlete or official in this hard time but encourage more participants from across the country to get involved and showcase their talent.

Team SportData played the key role in providing all the information online and for their continuous guidance to all the states and coordinating with them during the event. Every participant and winners were awarded with the Authentic E - Certificate from WAKO India Kickboxing Federation.

We give special thanks to WAKO (IF) Leaders who encouraged us time to time and made us think out of the box and we tried to go by the saying - “The Show Must Go On”.



RANK	CLUB / TEAM	GOLD	SILVER	BRONZE
1	AMATEUR SPORTS KICKBOXING ASSOCIATION MH	17	19	25
2	HARYANA KICKBOXING ASSOCIATION	5	7	10
3	TELANGANA KICKBOXING ASSOCIATION	4	3	11
4	ALL UTTAR PRADESH KICKBOXING ASSOCIATION	4	2	3
5	KICKBOXING ASSOCIATION OF CHHATTISGARH	4	0	1
6	AMATEUR KICKBOXING ASSOCIATION OF ODISHA	3	4	8
7	GUJARAT KICKBOXING ASSOCIATION	3	1	1
8	RAJASTHAN AMATEUR KICKBOXING ASSOCIATION	2	0	1
9	KICKBOXING ASSOCIATION OF WEST BENGAL	1	2	2
10	TRIPURA KICKBOXING ASSOCIATION	0	2	0
11	KARNATAKA KICKBOXING ASSOCIATION	0	1	5
12	KERALA KICKBOXING ASSOCIATION	0	0	1
	AMITAABS INTERNATIONAL MARTIAL ARTS ACADEMY	0	0	1

## Pan American - activities in May

- May 1, 2020 Wako Mexico national arbitration course.
- May 1, 2020 Fabio Galvao from Brazil CBKB training aspects.
- May 2, 2020 technical class of Jesús Olivares Wako Mexico.
- May 2, 2020 National Directors training and Wako Panam arbitration commission. Juan González from Wako Chile
- May 02, 2020 Wako Venezuela and Wako Trinidad & Tobago in cooperation Musical and Creative Forms Seminar.
- May 03, 2020 Wako Ecuador National Arbitration Congress.
- May 05, 2020 Kick light class Andrés Garcia Wako Guatemala.
- May 6, 2020 presentation Dra. Diana Vázquez managing emotions Wako México.
- May 06, 2020 Live Paulo Zorello with Directors of the CBKB. Brazil
- May 7, 2020 Mauricio Lopez from Wako Mexico. How to maintain weight.
- May 9, 2020 Tiago Peixoto from Brazil training National Directors and Wako Panam arbitration commission of light contact.
- May 9, 2020 Live Tiago Peixoto from Brazil Talking about Kick light. CBKB.
- May 12, 2020 Enmanuel Badillo Wako México. Sports training
- May 15 2020 06:30 pm Stay healthy with the Venezuelan medical commission along with the CBKB BR and the rest of America. You tube live channel: CBKB open
- May 16 kenny Perez Wako Mexico Low kick and k1 class IT
- May, 16 2020 10:00 am VE vede wako Venezuela open point Fighting activity. With world referee Juan Gonzalez. Via open zoom
- May 16 2020 03:00 pm VE horario 04:00 pm AR de National Directors and wako Panam referee commission for kick light by Walter Garavaglia via zoom (private)
- May 16, 2020 08:00 pm Argentina time ARwith exponents Juan Corrales, Matias Morillo and Nacho Morel. Via private zoom
- May 17 at 10:00 am VE Trinidad and Tobago Training Point Fighting in which you can also participate. Via open zoom
- Activate there is quite a lot of movement and options! All free and for the benefit of the members of the WAKO Panam.

For more information please visit on Instagram: @wakopanam to view our publicaciones and details.

Panamerican Kickboxing Confederation

REGLAMENTO POINT FIGHTING

SÁBADO 02 DE MAYO, 14:00 HORAS DE CHILE

Transmisión en vivo

810.734.6985

WAKO

Juan Luis González E.  
Wako Chile

Director de Arbitros CBK  
Arbitro Panamericano desde 2011  
Arbitro Certificado WAKO II  
Certificado en Academia de Arbitros Bulgaria-2019

Panamerican Kickboxing Confederation

REGLAMENTO LIGHT CONTACT

SÁBADO 9 DE MAYO 03:00 PM HORA DE BRASIL

Transmisión en vivo

767.423.9246

WAKO

Tiago Peixoto  
CBKB

Director Nacional CBKB  
Presidente Comissão Wako Arbitros- CBKB  
Campeão Wako Pro.  
Arbitro Oficial WEP  
Arbitro Internacional desde -2008

MARTES 5 DE MAYO -  
5:00PM (HORA GUATEMALA)

# SEMINARIO KICK LIGHT



**CON SENSEI  
ANDRÉS GARCÍA**

- MEJOR ATLETA TATAMI CAMPEONATO MUNDIAL
- CAMPEÓN MUNDIAL KICK LIGHT
- CAMPEÓN MUNDIAL HUNGARIAN OPEN LIGHT CONTACT
- SUB CAMPEÓN MUNDIAL LIGHT CONTACT
- MEDALLA DE BRONCE CAMPEONATO MUNDIAL LIGHT CONTACT
- CAMPEÓN PANAMERICANO KICK LIGHT
- CAMPEÓN PANAMERICANO LIGHT CONTACT

APROVECHA ESTE BENEFICIO DE  
WAKO GUATEMALA

**zoom**  
ID ACCESO 428 0049 897  
PASSWORD: wakorules

## GUATEMALA

Kick light seminar  
almost 200 persons from 14 countries



MARTES 19 DE MAYO -  
6:00PM (HORA GUATEMALA)

# SEMINARIO COMBATE A PUNTOS



**CON SENSEI  
VALERI MORALES**

- MEDALLISTA BRONCE POINT FIGHTING MUNDIAL WAKO
- CAMPEONA NACIONAL WAKO POINT FIGHTING

APROVECHA ESTE BENEFICIO DE  
WAKO GUATEMALA

**zoom**  
ID ACCESO 915-785-7016  
PASSWORD: wakorules



Girl power seminar, with Valeri Morales (bronze medal) at World, teach the seminar. She had 150 athletes in zoom and fb live



# ¡Actívate

con **Andrés García**

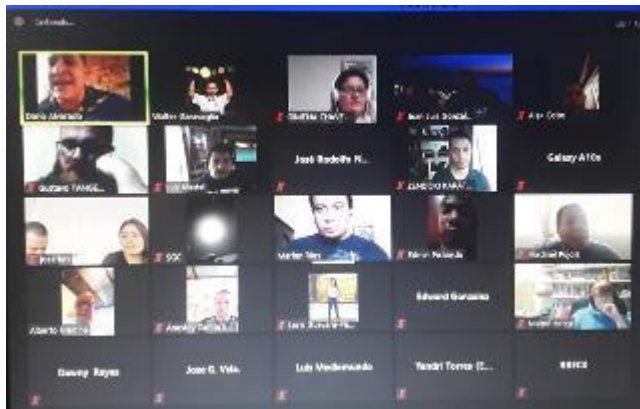
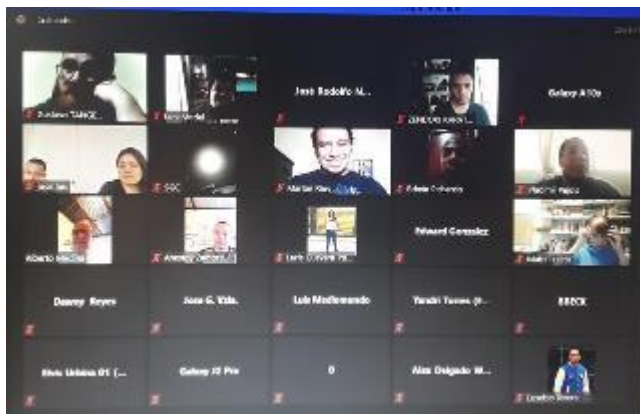
sábado 23 de mayo  
de 10 a 11 am, por zoom.

Funsepa

**SON MANN'S**

**ANDRÉS GARCÍA G.**





## ARGENTINA

Under the guidelines of WAKO PanAam with virtual training for managers

**Walter Caravaglia** represented WAKO Argentina exposing about the kick light modality with the participation of the countries of America and Europe where a nourished put in common on the rules with the last in force on rules.

Seminar last an hour and a half and more than 45 participants from across the continent



The president of the COE, Alejandro Blanco (left), and the president of the Spanish Kickboxing Federation and spokesperson for the UFEDC, **Jesús Eguía**

## SPAIN

The Spanish federations of judo, karate, taekwondo, boxing, kickboxing, fencing and Olympic fights have joined the **Union of Spanish Federations of Combat Sports (UFEDC)**, which will seek to protect clubs, technicians and athletes, announced on May 12.

"The union of these seven federations is a long distance race in which we want to protect our clubs, athletes and technicians. Martial arts transmit values that are very important in our society, and we have many things in common," said the UFEDC spokesperson, the president of the Spanish Kickboxing Federation (FEK), **Jesús Eguía**.

**Federal squad LC Elite / Youth / Juniors online meeting On Saturday 9.5.2020,**

The Federal Squad LC Team Elite / Youth / Juniors completed an online training together with the Federal Squad UK in the morning.

Because the second federal squad LC could not take place due to Corona, as originally planned in April and not on the replacement date in May, the federal coaches decided to hold a comprehensive online meeting.

The opportunity to inform and exchange has been made lively used. The program included individual home training, training planning in the form of a double periodization regarding the annual highlights, as well as the current situation in the individual federal states and Germany.

Questions and recommendations about keeping the training diary rounded off the meeting.

The squad athletes showed themselves highly motivated in training and also in training planning and are looking forward to being able to training for the annual highlights of the World Cup / European Championship under the supervision of the DOSB.



**UNITED KINGDOM**

**Elijah Everill**

Facebook LIVE

**Point Fighting Seminar**

**Sunday May 3rd 12pm EST**

**INDIA**

WAKO INDIA

UPACA

Guest - Santosh Kumar Agrawal  
 President - WAKO India Kickboxing Federation  
 Founder & Secretary General - Haryana Kickboxing Association (Regd)  
 Member - WAKO Technical Committee

Facebook Live @UPACASports

**SPORTS DURING COVID - 19 & SPORTS AFTER COVID-19**

**May 16- 6:00 pm**  
 Zoom Meeting ID-97321844934  
 Password - 431042

Interviewer- Suvesh Sharma, Director  
 Organizer-CA Neha Dhanuka, CEO  
 UPACA Sports Centre of Excellence, Abu Road, Rajasthan



## SportData E-Tournament

228 competitors  
41 club  
21 countries

			GOLD	SILVER	BRONZE
1	MEXICO	MEX	21	14	32
2	VENEZUELA	VEN	9	8	9
3	GUATEMALA	GUA	7	2	4
4	NETHERLANDS	NED	6	5	2
5	GREECE	GRE	6	0	2
6	UKRAINE	UKR	5	3	5
7	ITALY	ITA	3	3	0
8	GERMANY	GER	3	1	0
9	IRELAND	IRL	2	3	3
10	PUERTO RICO	PUR	2	1	2

## UKRAINE

Saturday, 30.05. international webinar for judges from the ring disciplines. The e-events was led by international kickboxing referees **Roman Krol**, **Stanislav Kovtunenکو** (Ukraine) and **Yuri Bratchenko** (Latvia).

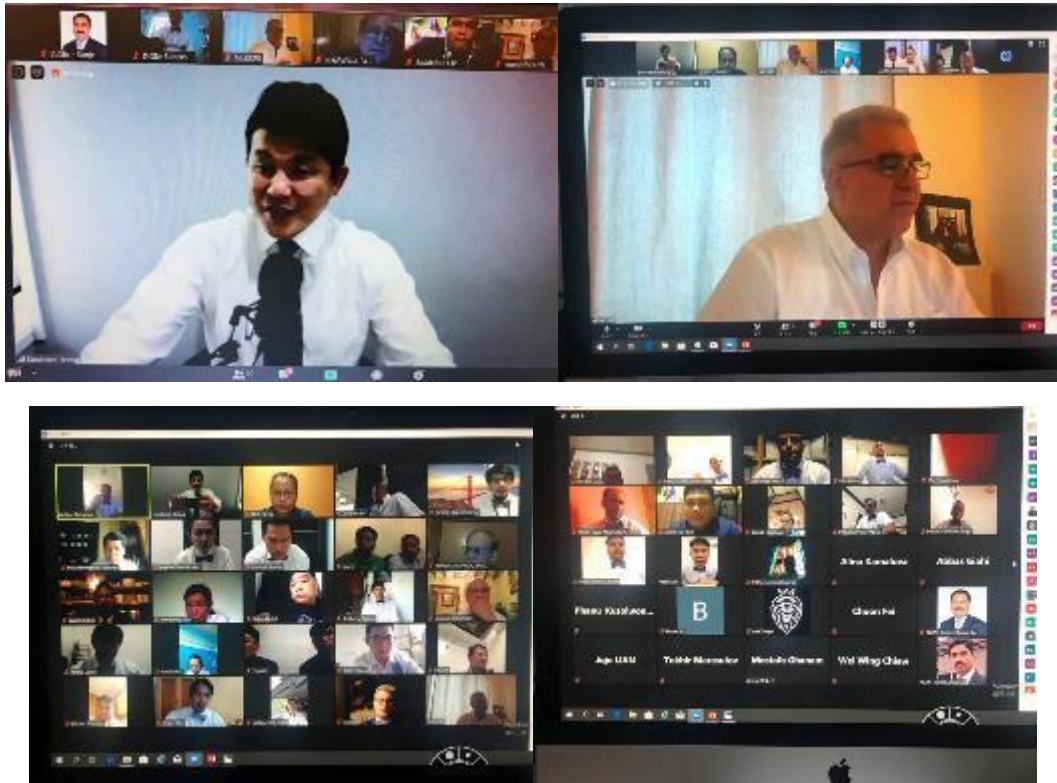
**П'ЯТИЙ ВЕБІНАР  
з рингових дисциплін  
кікбоксингу WAKO**

**ЗА ПІДТРИКИ:**  
Президента НФК WAKO - Ольги Павленко,  
Директора Департементу неолімпійських видів спорту - Матвія Бідного,  
Головного судді України - Зубова Юрія.

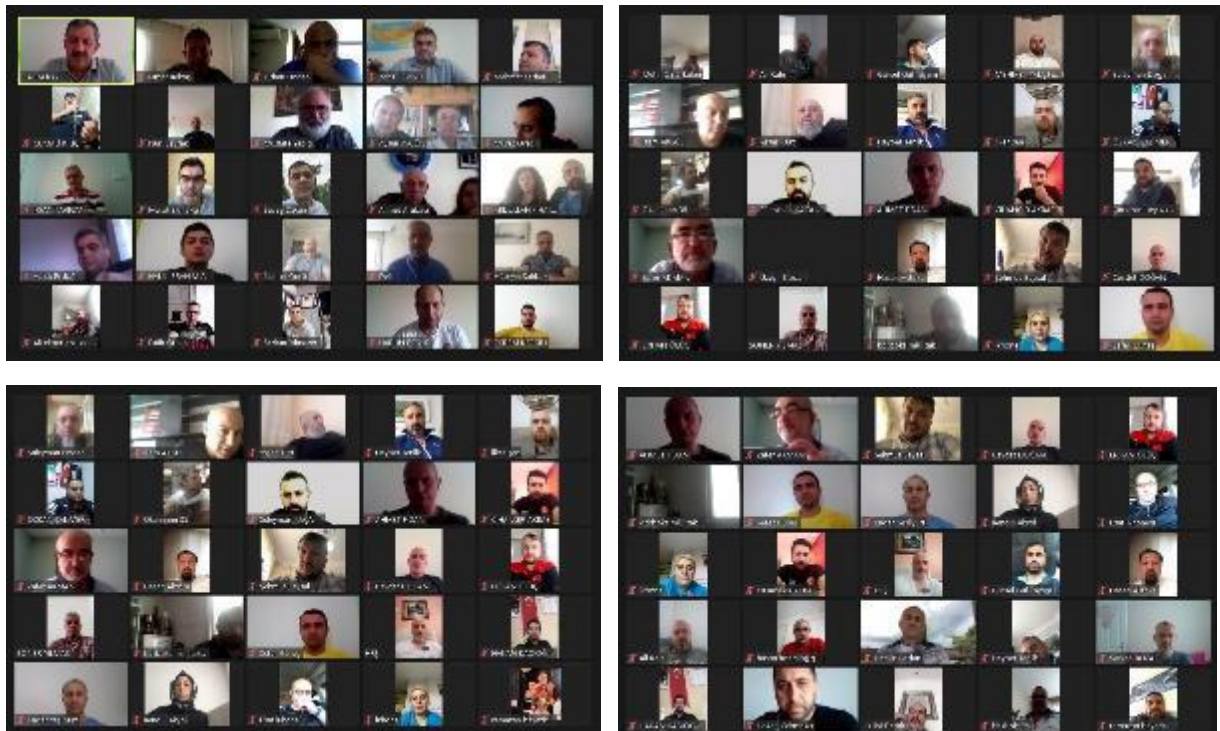
**Проводять вебінар судді міжнародної категорії України та Латвії:**  
Станіслав Ковтуненко, Роман Кріль (Україна), Юрій Братченко (Латвія)

**30 травня  
о 16.00**

WAKO Asia Technical on line e-seminar with **Euncheon Jeong** (South Korea) and **Nasser Nassiri** (IR Iran)



Review meeting continues together with president of Turkish kickboxing federation Mr. **Salim Kayici** and the co-Presidents and Vice President of the districts, representatives of the Turkish federation districts, technical board heads, Vice Presidents and members.



**f LIVE LIGHT REVOLUTION (Facebook page)**

Low Kick & Light Contact online training  
 Sunday 10 of May h 11 am (Italian time)

**Instagram LIVE light\_revolution\_topten on Instagram**

Light Contact online training  
 Sunday 17 of May at 11 am Italian time

**Saturday 23 May h 15:30 (Italian time)**

**LIGHT REVOLUTION TRAINING ON**

come for training today with:  
 Pavel Zamyatin  
 Nicole Perona  
 Ivan Sciolla  
 Manuel Nordio

**Instagram LIVE light\_revolution\_topten on Instagram**

Light Contact online training  
 Sunday 24 of May at 11 am Italian time

**Instagram LIVE light\_revolution\_topten on Instagram**

Light Contact online training  
 Sunday 31 of May at 11 am Italian time

**LIGHT REVOLUTION On line trainings**

- Manuel Nordio (ITA)
- Pavel Zamyatin (UKR)
- Nicole Perona (ITA)
- Ivan Sciolla (ITA)
- Luca Padoan (ITA)
- Mario Nani (ITA)
- Sveva Scandura (ITA)
- Simone Barbera (ITA)
- Timothy Bos (ITA)
- Damiano Tramontana (ITA)
- Manuel Garcia (ESP)
- Lionello Pedersoli (ITA)

Sunday, May 3<sup>rd</sup>  
 - Light and Full Contact

Sunday, May 10<sup>th</sup>  
 - Low Kick and Light Contact

Sunday, May 17<sup>th</sup>  
 - Light Contact and Kick Light

Sunday, May 24<sup>th</sup>  
 - Light Contact.

Sunday, May 31<sup>st</sup>  
 - K1 and Lick Light

Average 100 people from Europe, Asia and Africa was connected on each seminar





## UNITED KINGDOM

**Wolfpack Instructors**  
**Kevin Patrick Baldwin** and  
**Natasha Baldwin**

led OPEN SESSION  
 129 people from 13 different countries joined in Open Live Zoom workout.



## UNITED KINGDOM

Light contact seminar for Tek Kickboxing with WAKO Double World Champion **Elijah Everill** and WAKO Double Junior World Champion **Fin Heesom**

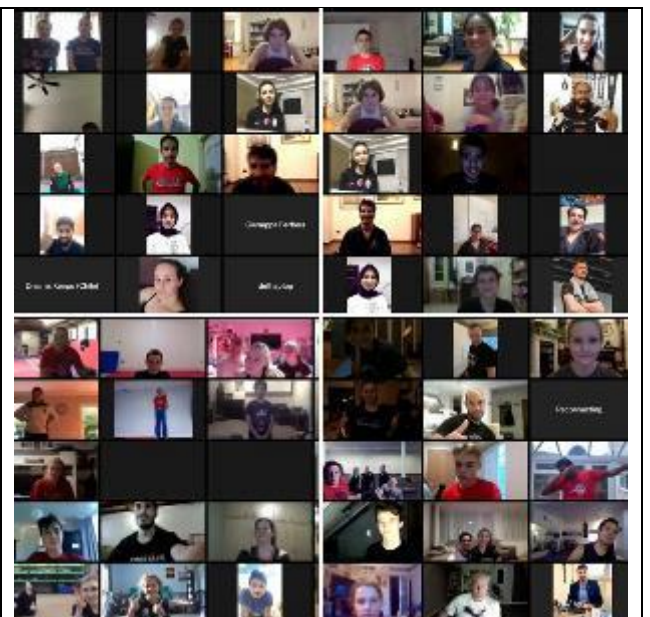
Tek hosted this event free of charge due to the current covid-19 lockdown, and what a unique way for young, aspiring and established athletes & fighters to train with , listen to and learn from 2 highly experienced kickboxing athletes .

96 participants from 13 countries attended the largest online light contact seminar in May.

## GERMANY

**Toli Kuschnir**  
on line seminars

with:  
Dany Slevin (IRL)  
(Brannmannan)  
Nikos Memos (GRE)  
Morten Spissoy (NOR)  
Timoty Sarantoudis (GER)  
Ennio Giordano (ITA)  
Antonio Lo Prete (SUI)  
Drew Neal (GBR-IND)  
Zsolt Moradi (HUN)  
Stefan Reinboth (GER)  
Roy Baker (IRL)



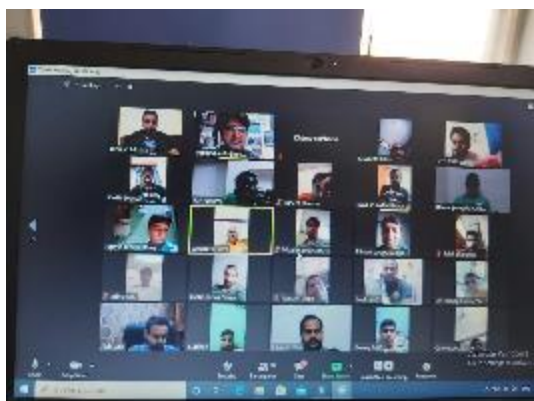
### Launch of WAKO India Online Coaching Program

After the successful completion of the WAKO India Kickboxing E-Tournament 2020. Federation are proud to inaugurate the WAKO India Online Coaching Program for the Kickboxing Sport. WAKO India President; Mr. **Santosh K. Agrawal** opened the meet where all the states representatives were present.

The idea is to promote our technical team and upgrade them in such a way that they can be a part of not only National Games but also work towards International Ventures as well. Since the current situation doesn't allow members to be present physically. Board has taken up this initiative for federation's enhancement. All focus is on to improve the Nation's talent.

In the opening, participants discussed about the plan on how to execute the coaching. There will be different sessions taken by selected coaches, it will consist of Combination of Web-based modules and face-to-face interactive Courses, underpinned by a competency-based assessment process. The simplified coaching structure will provide certification to developed Coaches from grassroots to a high performance / International level.

Mr. Agrawal hoping to make the best out of coaches in lockdown times and look forward for everyone's support and especially from WAKO (IF), without their patronage WAKO India targets are impossible.



Jack Felton - on line seminars



**JACK FELTON SEMINAR!**

FOR INFO, EMAIL [INFO@ASGPRIMETIME.COM](mailto:INFO@ASGPRIMETIME.COM)

**SATURDAY MAY 16 12PM TO 1PM PST VIA ZOOM**

EFFECTIVE AND EFFICIENT KICKING TACTICS ATTACKING, DEFENDING, AND INSIGHT ON KICKING SCENARIOS ELEVATE YOUR KNOWLEDGE. STOP MAKING MISTAKES YOU DON'T KNOW YOU'RE MAKING!

**1 OF A 3-PART SERIES!**

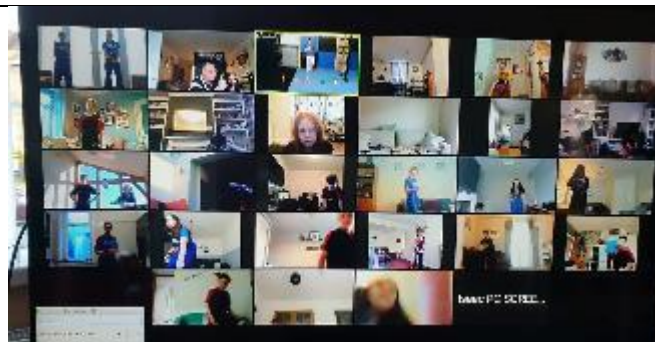


**THE CHESS MATCH 1 WITH JACK FELTON!**

FOR INFO, EMAIL [INFO@ASGPRIMETIME.COM](mailto:INFO@ASGPRIMETIME.COM)

**SATURDAY MAY 30 12PM TO 1PM PST VIA ZOOM**

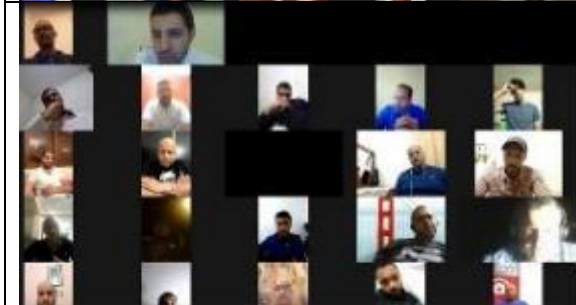
**3 OF A 3-PART SERIES \$20 USD PER STUDENT**





## WAKO Arab Federation

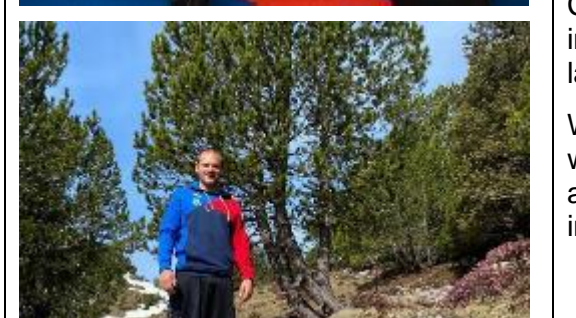
Arab referees' on line seminar was launched via electronic platforms over video conference with the participation of more than 250 referees from Arab countries



## PALESTINE

◀ Ring Sports e-workshop for judges and referees

WAKO Palestine Board of Directors ▼



## LIECHTENSTEIN

The first Athletes' Commission of Liechtenstein has been constituted. **Michael Lampert** takes over the charge of president in next 4 years, former professional footballer Benjamin Fischer represents all athletes of Liechtenstein on the LOC board.

The members of the Athletes' Commission are elected representatives of the Athletes' Parliament. The Commission aims to represent all opinions, needs and interests of the athletes in the Liechtenstein sports landscape.

With several meetings a year, the Commission deals with numerous topics in the field of professional sports and develops measures to solve problems of athletes in Liechtenstein.

## BRAZIL



During the pandemic caused by Covid 19, Brazilians show their greatest feature, solidarity.

Anjos da Noite, a non-profit NGO - Non-Governmental Organization, increased its actions during the greatest global health crisis of our generation and has delivered more than 30.000 meals and more than 2.000 masks to the homeless in Recife, Pernambuco, since March 1st.

The CBKB 2nd Dan black belt and current delegate in the State of Pernambuco, **Renan Gomes**, is one of the leaders of the NGO group that has been working voluntarily for five years, supporting homeless people living in conditions of vulnerability and extreme poverty, providing them with daily meals.

At first, meals were delivered every 15 days, but due to the pandemic they became daily.

**Pernambuco State Kickboxing Delegation** actively participates in this initiative and the CBKB Delegate in the region, Coach Renan Gomes, collaborates actively in social work as a volunteer and organizer, collecting donations and making great partnership deals with companies like Coca-Cola, which today is one of the most important collaborators of this project.

Another CBKB Black Belt that is making the difference. Pride.

## VENEZUELA

wakopanam  
Caracas DC Venezuela

videoconferencia desde zoom

**Capacitación básica de formas musicales y formas creativas para Arbitros y Jueces**

PONENTES

Capacitación On Line de formas musicales y formas creativas, dirigido a:

- Jueces y Arbitros
- Afiliados WAKO Venezuela
- Invitados especiales.

Fecha: 25 de Abril 2020  
Hora: 02:00 pm  
Vía: Zoom  
Meeting ID: 989 515 6232

Sensel Alex Cobo (2do Dan) Arbitro Nacional "Tipo A" Arbitro Internacional "Tipo C"

Sensel Alex Delgado (3er Dan) Arbitro Nacional "Tipo A" Arbitro Internacional "Tipo B" Arbitro WAKO 1930

Paramerican Kickboxing confederation

**MANTENTE ACTIVO Y SALUDABLE DURANTE ESTA PANDEMIA**

TRANSMISIÓN EN VIVO desde el canal de YouTube de la Confederación Brasileña de Kickboxing "CBKB"

**Dr. Domingo Porras**  
@domingoportas  
Tema a tratar: Alimentación de los deportistas en confinamiento

**Dra. Rosa Rodriguez**  
@rosadococ  
Comisión Médica WAKO Venezuela  
Tema a tratar: Aspectos generales del Covid-19 y psicológicos durante el confinamiento

**Danielle Miteroi**  
@dra.danmiteroi  
Comisión Médica Wako Panam  
Tema a tratar: Aspectivos médicos y deportivos específicamente en el kickboxing

A solicitud de nuestra comunidad y por la cantidad de seguidores de América que desean participar, la **WAKO Venezuela** y la **CBKB** han decidido unir esfuerzos con el respaldo de la **WAKO Panam** para transmitir desde su canal de **YouTube Live** para llegar a más personas. Así la actividad estará iniciando el mismo día y hora **15 mayo a las 18:30 hrs.**

**INGRESA DESDE** <https://www.youtube.com/user/cbkickboxing>

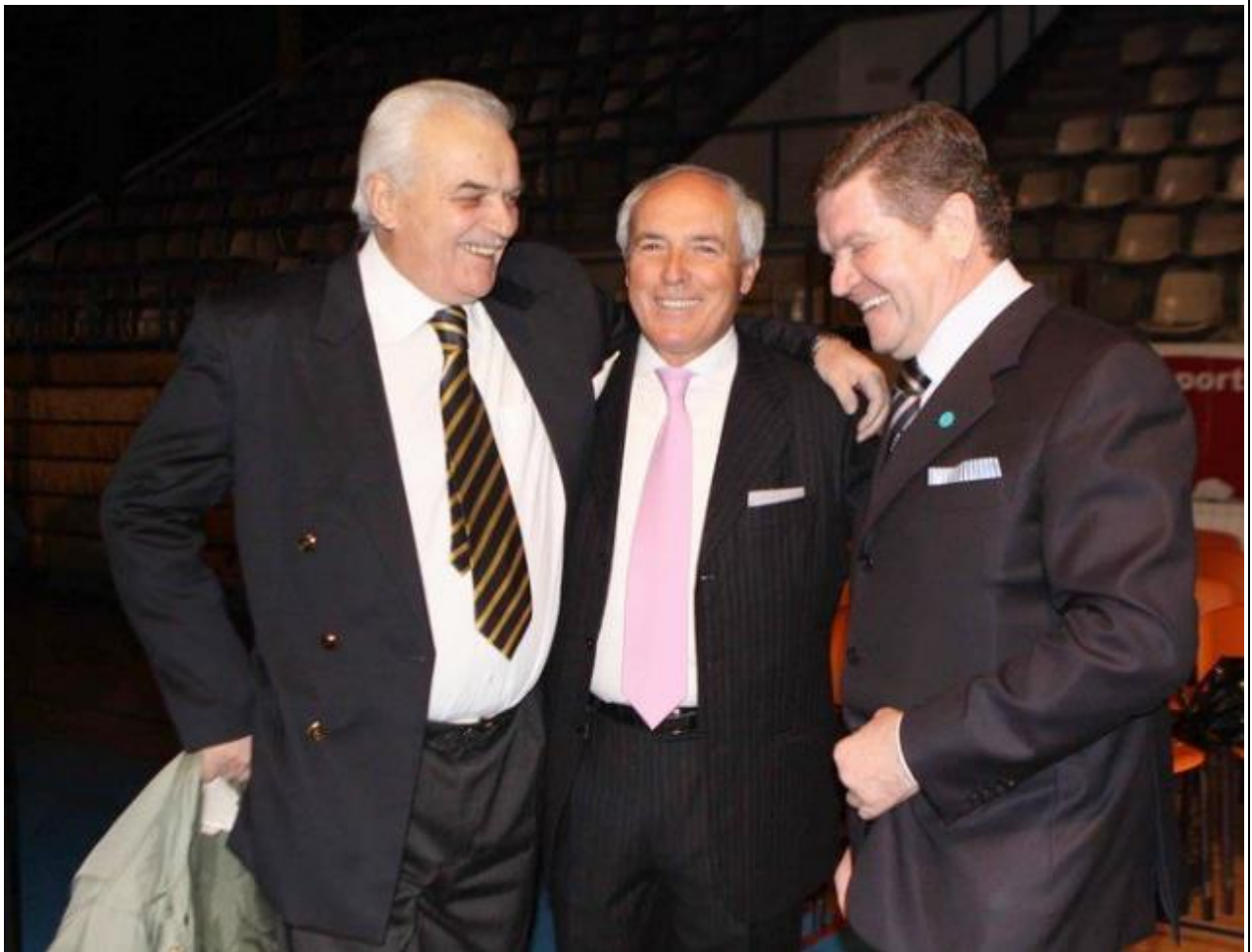


## THE SAD NEWS

The legendary **Dusan-Dule Rabrenovic** left us. He passed away on May 26, 2020. years. Death preceded him in his plans to see his friends from the Kickboxing Association of Serbia for coffee once again and revive his memories.

Dule Rabrenovic was the first Yugoslav Federation Chief Referee, he was a pioneer of the kickboxing. Many judges graduated from his school and they still do refereeing in the ring.

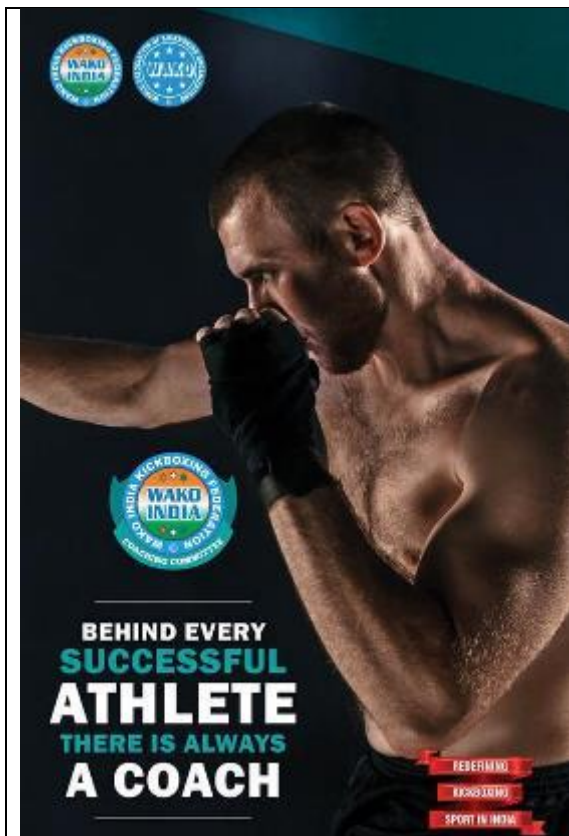
He captivated with his appearance both in and out of the ring. Striking and smiling, he loved his friends and associates from the Serbian Kickboxing Association and was proud of it.



**Dusan Dule Rabrenovic** - first left, with Ennio Falsoni and Borislav Pelevic in Belgrade 2010.

## STORY OF OUR COACHES

In this story we want to highlight WAKO coaches. The story of our coaches is in fact a story of WAKO kickboxing, of success, of our champions. It is to our coaches that we must thank all our successes, all the knowledge we have acquired and mastered. And so, a big thank you to our coaches who have invested their knowledge, emotions, patience, joy over success and sadness over missed opportunities in their students. In all this, our coaches are an indispensable part. And thank them for that.



### Sport & Eating Disorders

Eating disorders occur as an interaction between our individual congenital attributes, the people and the environment around us. Three factors in particular seem to increase the risk of eating disorders:

#### • Transition From Young Athlete To Senior

As a coach you should be aware of physical as well as psychological changes related to entering puberty. This is a vulnerable time for a lot of girls.

#### • Dieting

Young athletes should not be advised to lose weight. If they have a strong wish to change their bodies, you can help them get in touch with a qualified professional, for instance a nutritionist.

#### • Injury Or illness

Long periods when the athletes cannot train as they want or as planned, can create uncertainty related to energy intake and consumption.

It is possible to overcome an eating disorder with a lot of personal effort and motivation, especially if the problems are confronted early on. It is important that the youth has strong support network, and as their coach, you can play an important supportive role

### Good Advice For Coaches

- **Avoid** body related comments - whether it is about yourself or other athletes, positive or negative.
- **Teach** the athletes how the body works, rather than how it should look.
- **Take** an interest in the athlete's whole situation .School, training, family and friends should create a good balance-since many factors affect performance.
- **Discuss** and involve your athletes when it comes to goals and development planning. Teach the athletes to take responsibility for their own development.
- **Good** habits start early - teach your athletes which foods affect their training.
- **A good** team culture is important, and the athletes should help decide what kind of culture you want on the team.
- **Talk to** your athletes and build trust. This makes it easier to start a difficult conversation if this becomes necessary.
- **As a coach**, you can be the catalyst to get help if one of your athletes needs guidance about nutrition or body weight. Do not take on a role as therapist.







**MUZAMMAL NAWAZ (Canada)**



**MARKO ŽAJA (Croatia)**



**ANTI SARIOLA (Finland)**



**NEV WRAY (Great Britain)**



**DAIMI AIKIN (Norway)**



**MIODRAG JOTIĆ (Serbia)**



**MILJENKO ŠARAC (Croatia)**



**ALEX VERES (Hungary)**



**ANDREY KOTOV (Russia)**



**ADRIAN EVERIL (Great Britain)**



**ADRIANO PASSARO (Italy)**



**ALEXANDER FEDERER (Austria)**



**BOŽIDAR ĐERMANOVIĆ (Serbia)**



**GAETANO ESPOSITO (Italy)**



**KRISZTIÁN JÁROSZKIEVICZ (Hungary)**



**MORTEN SAKSVIK (Norway)**



**NIKOS MEMOS (Greece)**



**FRANK FEUER (Germany)**



**ISTVAN KIRALY (Hungary)**



**INNOCENZO SCACCHI (Italy)**



**PREDRAG ZNAOR (Croatia)**



**RASUL DALGATOV (Russia)**





**MANUEL NORDIO (Italy)**



**DAMIEN GORMLEY (Ireland)**



**DEJAN PAVIĆ (Serbia)**



**JOËL VANDOMME (France)**



**KILLIAN VANDOMME (France)**



**ASLAM MOHAMED**  
(South Africa)



**BRANKO FIBINGER**  
(Croatia)



**BRIAN BECK**  
(Great Britain)



**DAVE HEFFERNAN** (Ireland)



**DAVIDE COLLA** (Italy)



**PETER ZAAR** (Germany)



**TOMISLAV BILANDŽIĆ** (Croatia)





**GIANFRANCO RIZZI (Italy)**



**MILOŠ MILUTINOV (Serbia)**



**NATASHA BALDWIN (Great Britain)**



**MICHAEL GERDENUTSCH (Austria)**



**ROBERTO MONTUORO (Italy)**



**ANDREAS ANGELOPOULOS (Greece)**



**LARS KREMPS (Germany)**







**MARCO LANZILAO (Italy)**



**ANDI FAGGIANO (Switzerland)**



**NÁNDOR HIDVÉGI (Hungary)**



**VJACESLAV GOPANCUK (Ukraine)**



**IVAN ZINCHENKO (Ukraine)**



**JON MACKEY (Ireland)**



**ALESSANDRO TOPA (Italy)**



**MESUT GÜL (Germany)**



**SEAN VEIRA (Great Britain)**



**ANNABELLE SHOOB (Great Britain)**



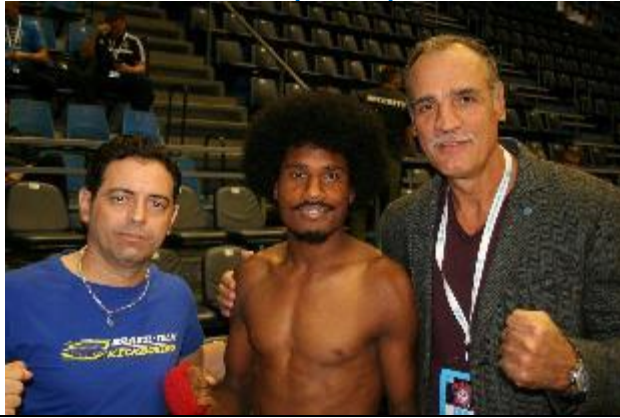
**HIKMAT HAJIYEV (Azerbaijan)**



**PREDRAG ZNAOR (Croatia)**



**PAOLO ZORELLO (Brazil)**



**MONIKA MARKOWSKA (Great Britain)**



**PASI RANTALA (Finland)**



**MICHAEL KRUCKENHAUSER (Austria)**



**PAVEL ZAMJATIN (Ukraine)**



**MICHAEL LAMPERT (Liechtenstein)**



**ROBERTO GUIDICI (Italy)**



**ANATOLI KUSCHNIR (Germany)**



**TONY STEPHENSON (Great Britain)**



**SHARON GILL (Great Britain)**



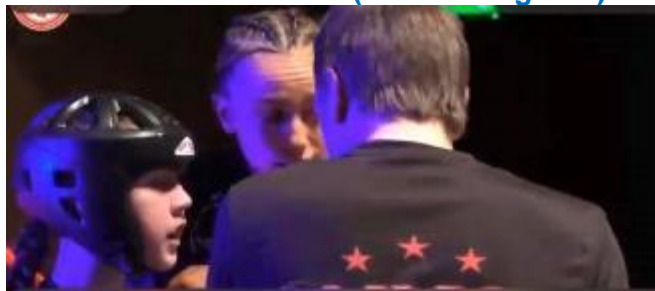
**SERGIO PORTARO (Italy)**



**TOMAŽ BARADA (Slovenia)**



**TENNESSEE RENDALL (United Kingdom)**



**RINALDO PIKOLITI (BiH)**



**ANDREAS REIM (Germany)**



**PER ANDREAS RINGSBY (Norway)**



**WOLFGANG HOLZTRATTNER (Austria)**



**YURY FILIMONOV (Russia)**



**RAINER GIEL (Germany)**



**NIGEL BAXTER (Great Britain)**

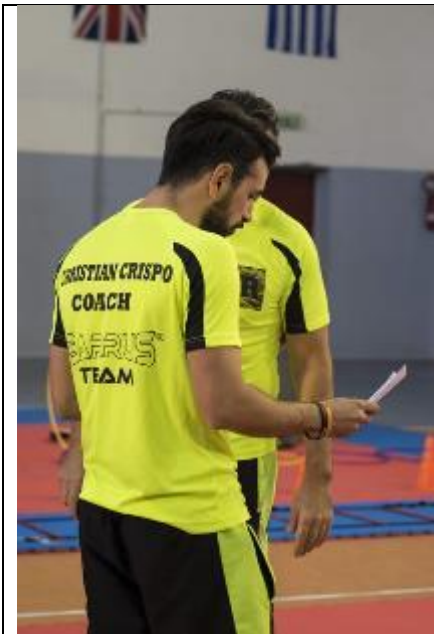


**ANGEL RUIZ (Norway)**



**DENIS VAN DER GIESSEN (Netherland)**





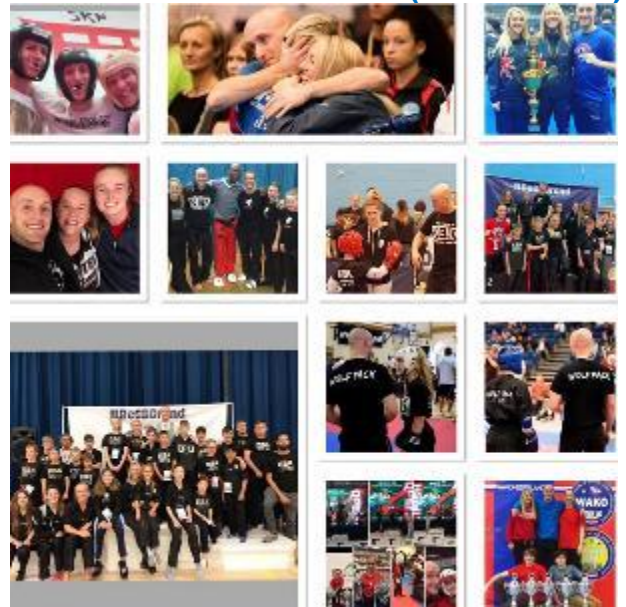
**CHRISTIAN CRISPO (Italy)**



**TONY ANDERTON (Ireland)**



**SEAN McCARTHY (Great Britain)**



**MESUT CELIK (Germany)**



**SVEN MAGER (Germany)**



LIONELLO PEDERSOLI (Italy)



FERNANDA MOYA CORTES (Chile)



GEOFF ALDRIDGE (Ireland)



HANNE LAUSLEHTO (Finland)



KIRIL GEORGIEV (Bulgaria)



**DAVID BOSSINOTTE (Canada)**



**JON MACKEY (Ireland)**



**REECE PHILLIPS (Great Britain)**



**VINCENT SCHORN (Germany)**



**ENRUQUE LETONA (Guatemala)**



**JOSE ENRIQUE LETONA (Guatemala)**





**LUISA GUILOTTI (Italy)**



**RAFA GRANADOS FERNANDEZ (Spain)**



**WAKO GB Coaches**



**PETER EDWARDS (Great Britain)**



**BORJA MENDIOROZ DOMEZAIN (Spain)**



**URKO DEJAN MITROVSKI (Northen Macedonia)**



**JUHA SAURAMA (Finland)**



**VLADIMIR LAVROV (Russia)**



**IGOR KULBAEV (Russia)**



**SRDJAN BUGARCIC (Serbia)**



**SERGEI RUDENKO (Ukraine)**



**WITOLD KOSTKA (Poland)**



**DUANE REID (Great Britain)**



**JOXE VICENTE EGUZKIZA (Spain)**



**IVAN GEORGIEV (Bulgaria)**



**JOZEF KOLOZSY (Slovakia)**



**KAI BECKER (Germany)**



**MARK GREUBEL (USA)**



**NIZER TALEB (Palestine)**



**PIOTR NASULEWICZ (Pol)**



**PETER ONUSCAK (Slovakia)**



**KAIRAT SMAGULOV (Kazakhstan)**



DAIMI AKIN (Norway)



ROY BAKER (Ireland)



WAKO Coach Committee



**YŌKOSO**  
VIRTUAL CHAMPIONSHIP

KATA - FORMS - PATTERNS - POUMSAE  
05-06-07 June 2020



MIÉRCOLES 3 DE JUNIO -  
5:00PM (HORA GUATEMALA)

**SEMINARIO  
COMBATE A  
PUNTOS**

**CON SENSEI  
JOSÉ PAZ**

• CAMPEÓN PANAMERICANO WAKO POINT FIGHTING  
• CAMPEÓN NACIONAL WAKO POINT FIGHTING



APROVECHA ESTE BENEFICIO DE  
WAKO GUATEMALA



ID ACCESO 880-4108-3338  
PASSWORD: wakorules

**AUSTRIAN**  
E-TOURNAMENT  
**JUNIOR OPEN**

Austrian Junior Open – eTournament from 10th - 20th June 2020

SABADO 6 DE JUNIO 10:00 AM



**NORMATIVA FEKM  
POINT FIGHTING  
ONLINE** 

**CON AMADOR NIETO  
MOREDA**



DIRIGIDO A TODOS LOS OFICIALES DE ARBITRAJE,  
TÉCNICOS Y DEPORTISTAS FEKM.

•Arbitro Nacional A  
•Arbitro Internacional B

@: javialberca.directorarbitraje@fekm.es

# COMPETITIONS POSTPONED

Amerikick Internationals has been postponed to 4th-6th September 2020.

Amerikick Internationals poster featuring a kickboxer in a red and white uniform. The text includes: "97 Display", "10th DEGREE WEAPONRY", "CELEBRATE THE 40th ANNIVERSARY OF THE AMERICKICK INTERNATIONALS WITH US!", "MAY 28 - 30th", "TOP TEN", "Perfect", "MACHO", "VIRTUAL TOURNAMENT", "LEIKER LAW". A large green diagonal banner across the poster reads: "CANCELLED FOR 2020 - CONFIRMED FOR MAY 20-22, 2021" and "Virtual Tournament June 26 & 27, 2020".

WAKO 2020 International Kickboxing Cup Balkan Open poster. It features a blue cartoon character in a fighting stance. Text includes: "WAKO", "2020", "INTERNATIONAL KICKBOXING CUP", "BALKAN OPEN", "TEŠANJ", "05.09.2020.", "Bosnia and Herzegovina", "POINT FIGHTING", "LOW KICK", "LIGHT CONTACT", "KI-RULES", "KICK LIGHT", "MUSICAL FORMS", and "www.wakobalkanopen.com".

WAKO European Cup Serbia Open K1 Style poster. It features a background of flames. Text includes: "WAKO EUROPEAN CUP", "SERBIA OPEN", "K1 STYLE", "10 YEARS ANNIVERSARY", "BELGRADE", "2nd - 4th October 2020.", "MONEY PRIZE FUND", "KICK LIGHT", "FULL CONTACT", "POINT FIGHTING".



# 12th Pan American Kickboxing Championship



in  
**2020**

"The best on the  
continent will once  
again be face to face".

Foz do Iguaçu, Brasil in December, from 9 to 13 - to be confirmed,

# COMPETITIONS CANCELED



# HUMOR - NEW NORMALITY







### To all recipients of this Newsletter

Please forward this newsletter to all members of your federation.  
All news and short reports with pictures and posters of your sports activities sent to:

**Marijana Pelevic** - WAKO Media Officer: [marijana.pelevic@wako.sport](mailto:marijana.pelevic@wako.sport)

**Romeo Desa** - WAKO Technical Director: [technical.director@wako.sport](mailto:technical.director@wako.sport)

If you want to receive Newsletter in your inbox  
– please, send us your e-mail address.

